

# MING WAH

CHINESE & MALAYSIAN RESTAURANT



## OUR FAIR PRICING POLICY:

For the past 24 years, we have always kept our prices fair value by comparing prices set by other restaurants within the local area. Recent post pandemic price increases of poultry, fuel and utility costs have had a major impact on our overheads – most notably from rising inflation (9%) and impact from the Ukraine war. Hence, it was necessary for us to raise our prices in keeping with changed circumstances. In spite of this, we have endeavoured in keeping our prices fair.

For example - we highly recommend our set meals as your best valued meal starting at £27.50 per person (pp) which includes starters, a 2nd course of aromatic duck and a variety of popular main course choices including free coffees. By comparison, a single fish dish or steak alone from a typical western restaurant will set you back £25 - £30, some do not even include sides. Ours are much better value.

Equally, a single portion of a typical takeaway meal of large cod and chips alone from your local chippy at present will set you back £12 - £14, so our range of main course(s) including a rice averages around £15 thus represent tremendous value.

The Ming Wah has been serving good Chinese food for years and we are always busy – a testament to our fair pricing and good value policy. Do enjoy our hospitality. Bon appetit.

Thank you for dining with us.

## FOOD MENU

Weymouth's Premier Chinese Restaurant. Recommended by:  
The Good Food Guide | The Good Restaurant Guide | Quality Cuisine

### Food Allergy – Ask before you order

Management advises that food prepared here may contain or have come into contact with peanuts, tree nuts, soybeans, milk, wheat, fish, shellfish and sesame seeds. If you have a food allergy or special dietary requirements, please inform a member of the hospitality team. Thank you.

Service is at your discretion, but a 10% surcharge for service will be added and shown on



## OUR RECOMMENDATION:

In a typical western style restaurant, a single fish or steak dish alone could set you back £25 to £30, so why not try our set dinners for best value. Our set dinners start from only £27.50 per person (pp) and includes all starters, a 2nd course of Aromatic Duck, a variety of choices of popular main courses and free coffees.

If you prefer set dinners but with a specific budget in mind, talk to us and we will be happy to design a menu for you.

## SET DINNERS

Note: Prices shown are per person and all Set Dinners are minimum for two people sharing.

### Menu A | £29.50 pp

Crab Meat Sweet Corn Soup  
Steamed Scallops and King Prawns  
King Prawn & Squid with Green Pepper in Bird's Nest  
Sweet and Sour King Prawns  
Stir Fried Mixed Vegetables  
Served with Shrimp Fried Rice  
Coffee

### Menu B | £27.50 pp

Fried Crispy Seaweed  
Prawn with Sesame Seeds on Toast  
Authentic Malaysian Chicken Satay  
Crispy Aromatic Duck (1/4 for every 2 persons)  
Deep Fried Chicken Fillet in Lemon Sauce  
King Prawn with Mange Tout  
Served with Yung Chow Fried Rice  
Coffee

### Menu C | £27.50 pp

Fried Crispy Seaweed  
Prawn with Sesame Seeds on Toast  
Barbecued Spare Ribs  
Crispy Aromatic Duck (1/4 for every 2 persons)  
Sizzling Beef Fillet with Ginger and Spring Onions  
Sweet and Sour Pork  
Served with Yung Chow Fried Rice  
Coffee

### Menu D | £27.50 pp

Fried Crispy Seaweed  
Prawn with Sesame Seeds on Toast  
Meat Spring Rolls  
Crispy Aromatic Duck (1/4 for every 2 persons)  
Shredded Beef in Chilli Sauce in Bird's Nest (Spicy)  
Stir Fried Chicken with Mixed Vegetables  
Served with Yung Chow Fried Rice  
Coffee

### Menu E | £27.50 pp

Fried Crispy Seaweed  
Meat Spring Rolls  
Authentic Malaysian Chicken Satay  
Crispy Aromatic Duck (1/4 for every 2 persons)  
Sizzling Beef Fillet with Green Pepper in Black Bean Sauce  
Chicken with Mushrooms in Oyster Sauce  
Served with Yung Chow Fried Rice  
Coffee

### Menu F | £27.50 pp

Fried Crispy Seaweed  
Authentic Malaysian Chicken Satay  
Barbecued Spare Ribs  
Crispy Aromatic Duck (1/4 for every 2 persons)  
King Prawn in Garlic and Chilli Sauce  
Sweet and Sour Chicken  
Served with Yung Chow Fried Rice  
Coffee

### Menu G | £27.50 pp

Fried Crispy Seaweed  
Barbecued Spare Ribs  
Vegetable Spring Rolls  
Crispy Aromatic Duck (1/4 for every 2 persons)  
Chicken with Cashew Nuts in Szechuan Style BBQ Sauce  
Beef Fillet with Baby Sweetcorn and Straw Mushrooms  
Served with Yung Chow Fried Rice  
Coffee

### Menu H | £27.50 pp

Fried Crispy Seaweed  
Prawn with Sesame Seeds on Toast  
Vegetable Spring Rolls  
Crispy Aromatic Duck (1/4 for every 2 persons)  
Stew Double Cooked Szechuan Pork  
Sizzling Chicken Fillet with Ginger and Spring Onions  
Served with Yung Chow Fried Rice  
Coffee

## STARTERS

For Sharing

(Min. 2 persons or more)

or 2nd COURSE

- C1. Mixed Meat (King Prawn & Chicken) "Yoke Shung" (for 2 persons) £15.50  
Served in Iceberg Lettuce
- C2. Crispy Aromatic Mongolian Lamb (for 2 persons) £15.50  
Served in Spring Onions, Cucumber and Hoisin Sauce & Pancakes
- C3. Crispy Aromatic Duck - 1/4 (for 2 persons) £15.00  
(1/2 or whole available)  
Served in Spring Onions, Cucumber and Hoisin Sauce & Pancakes

## Traditional Starters

- 1. Prawn on Toast & Sesame Seeds £7.00
- 2. Vegetable Spring Rolls (V) £6.50
- 3. Meat Spring Rolls £6.50
- 4. Crispy Won Ton with Sweet & Sour Sauce £6.50
- 5. Chicken Satay (4) Skewer with in-house Peanut Sauce £7.50
- 6. Crispy Shredded Chicken £7.50
- 7. Fried Crispy Seaweed (V) £6.00

## Seafood Tasters

- 8. Salt and Chilli Squid (Spicy) £8.50
- 9. Deep Fried Crispy Squid & Sweet Sour Sauce £8.50
- 10. Fried King Prawns with Garlic and Black Bean Sauce £7.50
- 11. Fried King Prawns in Tomato Sauce £7.50
- 12. Deep Fried Butterfly Prawns with Bread Crumbs (4) £7.50
- 13. Salt and Chilli Shell Prawns £7.50
- 14. Steamed King Prawns and Scallops £8.50
- 15. Steamed Scallops (2) £7.00
- 16. Prawn Crackers (Vietnamese Origin) £3.50

## Mega Meaty Spare Ribs

- 17. Barbecued Spare Ribs £7.50
- 18. King Do Spare Ribs £7.50
- 19. Salt and Chilli Spare Ribs (Spicy) £7.50
- 20. Sweet and Sour Spare Ribs £7.50
- 21. Honey Spare Ribs £7.50
- 22. Plain Dry Spare Ribs £7.50

## Traditional Soups

- E1. Won Ton Soup £5.00
- E2. Hot and Sour Soup (Spicy) £5.00
- E3. Crab Meat and Sweet Corn Soup £5.00
- E4. Chicken and Sweet Corn Soup £5.00
- E5. Chicken and Mushroom Soup £4.50
- E6. Chicken and Chinese Mushroom Soup £4.50
- E7. Chicken and Noodle Soup £4.50



## MAIN COURSES

### Szechuan Style Dishes

- S1. Sliced Roast Pork with Cashew Nuts in Yellow Bean BBQ Sauce £9.90
- S2. King Prawn with Cashew Nuts in Yellow Bean BBQ Sauce £10.90
- S3. Sliced Beef with Cashew Nuts in Yellow Bean BBQ Sauce £9.90
- S4. Szechuan Ming Wah House Special\* £11.50
- S5. Szechuan Chicken Fillet £9.90
- S6. Szechuan King Prawn £10.90
- S7. Szechuan Sliced Beef £9.90
- S8. Szechuan King Prawn and Scallops £11.50

### Bird's Nests Dishes

- S9. King Prawn, Scallops and Squid in Bird's Nest £11.50
- S10. Ming Wah House Special\* in Bird's Nest £11.50
- S11. King Prawn and Scallops with Mange Tout in Bird's Nest £11.50

### Sizzling Chef's Specials

Served on a Hot Iron Plate

- S12. King Prawn with King Do Sauce Peking Style £11.50
- S13. Lamb with Ginger and Spring Onions £11.50
- S14. Sliced Beef (Fillet Cut) with Black Pepper Sauce £10.50
- S15. Ming Wah Special\* with Ginger and Spring Onions £11.50
- S16. Ming Wah Special\* with Green Peppers in Black Bean Sauce £11.50

### Double Cooked Szechuan

Hot & Spicy!

- S17. Double Cooked Szechuan Sliced Beef £10.50
- S18. Double Cooked Szechuan Chicken £10.50
- S19. Double Cooked Szechuan Roast Pork £10.50

### Sizzling Malaysian Rendang

Served on a Hot Iron Plate

- S20. King Prawn with Rendang Sauce, Sizzling & Spicy £11.50
- S21. Sliced Beef with Rendang Sauce, Sizzling & Spicy £10.90
- S22. Chicken with Rendang Sauce, Sizzling & Spicy £10.90
- S23. Lamb with Rendang Sauce, Sizzling & Spicy £11.50
- S24. Roast Pork (Char Siu) with Rendang Sauce, Sizzling & Spicy £10.90

### Chef's Recommendations

- S25. Ming Wah's Cheesy King Prawns, our signature dish £11.80
- S26. Ming Wah's King Prawns in Blended

### Duck Dishes

23. Crispy Aromatic Duck - Whole £48.00  
- Half £26.00  
- Quarter £15.00  
Served with Pancakes, Cucumber, Spring Onions and Hoisin Sauce
24. Sliced Roast Duck with Salted Peanuts and Sauce £10.50
25. Sliced Roast Duck with Pineapple £10.50
26. Sliced Roast Duck with Beansprouts £10.50
27. Sliced Roast Duck with Mushrooms £10.50
28. Crispy Roast Duck with Sliced Roast Pork (Char Siu) £10.50
29. Shredded Roast Duck with Mixed Vegetables £10.50

### Chicken Dishes

30. Chicken with Cashew Nuts £9.90
31. Chicken with Beansprouts £9.90
32. Deep Fried Chicken Fillet with Lemon Sauce £9.90
33. Deep Fried Chicken Fillet with Orange Sauce £9.90
34. Chicken with Sesame Seed in Plum Sauce £9.90
35. Diced Chicken in Garlic and Chilli Sauce (Spicy) £9.90
36. Stir Fried Chicken with Chinese Mushroom in Oyster Sauce £9.90
37. Stir Fried Chicken with Bamboo Shoots in Oyster Sauce £9.90
38. Chicken with Baby Sweetcorn and Straw Mushrooms £9.90
39. Kung Po Chicken (Spicy) £9.90
40. Chicken with Pineapple (Sautéed) £9.90
41. Chicken with Mushrooms (Sautéed) £9.90
42. Chicken with Mange Tout (Sautéed) £9.90
43. Chicken with Tomato and Onions (Sautéed) £9.90
44. Chicken with Mixed Vegetables (Sautéed) £9.90
45. Chicken with Bamboo Shoots and Water Chestnuts £9.90
46. Chicken with Cashew nuts in Yellow Bean BBQ Sauce (Szechuan) £9.90

### Beef Dishes

47. Shredded Spicy Beef in Chilli Sauce £10.50
48. Stir Fried Sliced Beef with Cashew Nuts £9.90
49. Stir Fried Sliced Beef with Beansprouts £9.90
50. Sliced Beef with Chinese Mushrooms in Oyster Sauce £9.90
51. Sliced Beef in Garlic and Chilli Sauce (Spicy) £9.90
52. Sliced Beef with Mushrooms (Sautéed) £9.90
53. Sliced Beef with Mange Tout (Sautéed) £9.90

- in Oyster Sauce £9.90
55. Sliced Beef with Mixed Vegetables (Sautéed) £9.90
56. Sliced Beef with Tomato and Onions (Sautéed) £9.90
57. Fried Beef (Prime Fillet Cut) Cantonese Style (Sizzling) £12.50
58. Sliced Beef with Baby Sweetcorn and Straw Mushrooms £9.90
59. Salt and Chilli Beef (Prime Fillet Cut) Cantonese Style £12.50

### Chinese Roast Pork Dishes

60. Double Cooked Szechuan Roast Pork (Spicy) £10.50
61. Sliced Roast Pork (Char Siu) with Beansprouts £9.90
62. Sliced Roast Pork (Char Siu) with Mange Tout £9.90
63. Sliced Roast Pork (Char Siu) in Garlic & Chilli Sauce (Spicy) £9.90
64. Sliced Roast Pork (Char Siu) served with Salted Peanuts £9.90

### Seafood Dishes

65. Steamed Fish with Ginger and Spring Onions (Whole) £ S.P.O.A
66. Baked Lobster with Ginger and Spring Onions (Whole) £ S.P.O.A
67. King Prawn with Sesame Seeds in Plum Sauce £10.90
68. King Prawn in Garlic and Chilli Sauce (Spicy) £10.90
69. King Prawn with Cashew Nuts £10.90
70. King Prawn with Mushrooms £10.90
71. King Prawn with Mange Tout £10.90
72. King Prawn with Tomato and Onions £10.90
73. King Prawn with Baby Sweetcorn and Straw Mushrooms £10.90
74. King Prawn with Chinese Mushrooms in Oyster Sauce £10.90
75. King Prawn and Scallops with Mange Tout in Bird's Nest £11.80
76. King Prawn and Squid with Green Peppers in Bird's Nest £11.80
77. Kung Po King Prawn (Spicy) £10.90

### Sweet & Sour Dishes

Cantonese Style

78. Sweet and Sour King Prawn £10.90
79. Sweet and Sour Chicken £10.50
80. Sweet and Sour Pork £10.50
81. Sweet and Sour Mixed Vegetables (V) £8.90
82. Deep Fried King Prawn Balls with Chips or Sweet & Sour or Curry Sauce £10.90
83. Deep Fried Chicken Balls with Chips or Sweet & Sour or Curry Sauce £10.50



## Sizzling Dishes

Served on a Hot Iron Plate

84.	Scallops with Ginger and Spring Onions	£11.90
85.	King Prawns with Ginger and Spring Onions	£11.90
86.	Chicken Fillet with Ginger and Spring Onions	£11.50
87.	Sliced Beef with Ginger and Spring Onions	£11.50
88.	Sliced Beef with Green Peppers and Black Bean Sauce	£11.50
89.	King Prawns with Green Peppers and Black Bean Sauce	£11.90
90.	Chicken Fillet with Green Peppers and Black Bean Sauce	£11.50
91.	Squid with Green Peppers and Black Bean Sauce	£11.90

## Curry Dishes

Mild or Medium Hot

92.	Curry King Prawn	£10.50
93.	Curry Chicken	£9.50
94.	Curry Beef	£9.50
95.	Curry Roast Pork (Char Siu)	£9.50
96.	Curry Mixed Vegetables (V)	£8.90
97.	Ming Wah House Special* Curry	£10.80

## Egg Foo Yoong Dishes

98.	King Prawn Egg Foo Yoong	£10.50
99.	Chicken Egg Foo Yoong	£9.50
100.	Roast Pork (Char Siu) Egg Foo Yoong	£9.50
101.	Ming Wah House Special* Egg Foo Yoong	£10.50
102.	Shrimp Egg Foo Yoong	£9.50
103.	Mixed Vegetable Egg Foo Yoong (V)	£8.90

## Chop Suey Dishes

104.	King Prawn Chop Suey	£10.50
105.	Chicken Chop Suey	£9.50
106.	Beef Chop Suey	£9.50
107.	Roast Pork (Char Siu) Chop Suey	£9.50
108.	Ming Wah House Special* Chop Suey	£10.80
109.	Mixed Vegetable Chop Suey (V)	£8.90

## Vegetable Dishes

Stir Fry/Oyster Sauce

110.	Plain Stir Fried Mixed Vegetables in Garlic (V)	£8.00
111.	Stir Fried Mixed Vegetables in Oyster Sauce (V)	£8.00
112.	Fried Beansprouts (V)	£7.50
113.	Stir Fried Kung Po Mixed Vegetables (V)	£8.00
114.	Fried Bean Curd in Garlic	

115.	Fried Bean Curd in Oyster Sauce (V)	£8.90
116.	Mixed Vegetables in Black Bean Sauce (Sizzling) (V)	£8.00
117.	Stir Fried Mange Tout (V)	£7.50
118.	Monk's Fresh and Dried Vegetables Mix (V)	£8.00
119.	Stir Fried Mushrooms (V)	£7.50
120.	Mixed Vegetable in Garlic & Chilli Sauce (V)	£8.00
121.	Mixed Vegetable in Rendang Sauce (Spicy & Sizzling) (V)†	£8.00

## English & Other Dishes

122.	Deep Fried King Prawn Balls with Chips or Sweet & Sour or Curry Sauce	£10.90
123.	Deep Fried Chicken Balls with Chips or Sweet & Sour or Curry Sauce	£10.50
124.	King Prawn Omelette with Chips	£10.90
125.	Chicken Omelette with Chips	£9.90
126.	Chinese Roast Pork (Char Siu) Omelette with Chips	£9.90
127.	Shrimp Omelette with Chips	£9.90
128.	Mushroom or Plain Omelette with Chips (V)	£9.90
129.	Ming Wah House Special* Omelette with Chips	£10.80

## RICE & NOODLES

130.	"Yung Chow" Special Fried Rice - Dry	£7.90
131.	King Prawn Fried Rice	£7.90
132.	Chicken Fried Rice	£7.50
133.	Beef Fried Rice	£7.50
134.	Shrimp Fried Rice	£7.50
135.	Egg Fried Rice (V)	£4.50
136.	Ming Wah House Special* Egg Fried Rice (dry or with sauce)	£8.90
137.	Boiled Rice (Single Portion) (V)	£4.00
138.	"Yung Chow" Fried Noodles	£7.90
139.	King Prawn Fried Noodles	£7.90
140.	Chicken Fried Noodles	£7.50
141.	Beef Fried Noodles	£7.50
142.	Chinese Roast Pork (Char Siu) Fried Noodles	£7.50
143.	Shrimp Fried Noodles	£7.50
144.	Beansprouts or Plain Fried Noodles (V)	£7.00
145.	Ming Wah House Special* Fried Noodles (dry or with sauce)	£8.90
146.	Mixed Veg Fried Noodles	£7.00
147.	Singapore Fried Noodles - Rice Noodles Vermicelli (Spicy)	£7.90

## SIDE ORDERS

Chips (Plain)	£4.00
Chips (Salt & Chilli)	£5.50

Sweet & Sour Sauce	£3.60
BBQ Sauce	£3.60
Satay Sauce	£3.60
Black Bean Sauce	£3.60
Additional Pancakes (6)	£3.00
Additional Hoisin Sauce	£2.80
Additional Pancake Salad	£2.80

## DESSERTS

148.	Toffee (Choice of Apple, Banana or Lychee)	£4.50
149.	Apple Fritters - (with ice cream 70p extra)	£4.00
150.	Banana Fritters - (with ice cream 70p extra)	£4.00
151.	Pineapple Fritters - (with ice cream 70p extra)	£4.00
152.	Ice Cream - Vanilla (double scoops)	£3.00
153.	Lychees with Crushed Ice - (with ice cream 70p extra)	£3.70

## HOT DRINKS

154.	Freshly Brewed Chinese Jasmine Tea	£2.50 pp
155.	Freshly Brewed Coffee	£3.50 pp
156.	Freshly Brewed English Tea	£3.50 pp

## LIQUEUR COFFEES / LIQUOR

157.	Irish Coffee (Jameson Irish); Russian (Vodka); Seville (Cointreau)	£7.00
158.	Parisienne Coffee (Brandy)	£7.50
159.	Cream Liqueur Coffee (Baileys)	£7.50
160.	Highland (Scotch Whisky) or Skye (Drambuie)	£7.00
161.	Calypso (Tia Maria); Jamaican (Rum); Italian (Amaretto)	£7.00
162.	Other Liquors on Request (B52s, Slippery Nipple etc)	£ Vary

## \*The Ming Wah Special

A delicious mix of crispy fried fresh vegetables and numerous assorted meats consisting of Roast Pork (Char Siu), King Prawn & Chicken

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